

Guide to Authors

Guidelines for manuscript preparation, submission, and manuscript format

Manuscripts should be submitted by one of the authors of the manuscript through the online system. All contributions should be written in English. All articles must be prepared by Word-processing Software, using 12 pt New Roman font and 1.5 line spacing with ample margins. If some technical reason submission through the MTS is not possible, the author can contact psmr@tmrjournals.com. Duplicate Checking is the foremost step before the manuscript is sent to referees. An article with high repeat rate will be rejected directly.

Submission link: https://www.tmrjournals.com/jx_psmr_en/authorLogOn.action

1. Terms of submission

Papers must be submitted on the understanding that they have not been published elsewhere and are not currently under consideration by another journal published. The submitting author is responsible for ensuring that the article's publication has been approved by all the other coauthors. It is also the authors' responsibility to ensure that the articles emanating from a particular institution are submitted with the approval of the necessary institution. Only an acknowledgment from the editorial office officially establishes the date of receipt. Further correspondence and proofs will be sent to the author(s) before publication unless otherwise indicated. It is a condition of submission of a paper that the authors permit editing of the paper for readability. Full instructions and support are available on the website where user ID and password could be obtained on the first visit. For assistance, click the link 'Contact Us' at bottom of every Scholar One Manuscript page.

2. Manuscript types

Research, Review and Hypothesis are all full-length research article formats that are handled through our online submission system. Letters, News and Comment are quickly posted as it only need to be reviewed by the editors. A brief description of each article type is provided below.

Original Article Research Articles present novel and unusual significance discover regarding life science questions of wide interest. Research papers should have a formal article format and written in a style that is accessible to the broad Psychosomatic Medicine Research readership. The total word count of an article must be under 5,500 (including references and main figure legends but excluding Methods text and supplemental item), and there should be no more than ten figures and/or tables. Additional display items may be published online as Supplemental Information at the discretion of the editor. For more information, see [Guide for Submission](#)

Review These are comprehensive full-length reviews of recent literatures on topics of life science research. Reviews are usually 4,000 to 8,000 words in length (including an abstract which is no more than 400 words), up to 100 references, and five to eight figures. The main format includes: introduction, main content and conclusion.

Hypothesis The Hypothesis format is intended for papers that employ computational, theoretical, or analytical approaches to derive novel concept with clearly well-founded predictions. They follow the same format and length guidelines as Reviews articles. The author must have an in-depth understanding for relevant literature and conduct a systematic analysis for the limited research data.

Report Report is a new and brief scientific report of some novel and interesting ideas, clinical cases or outstanding findings, which will be of interest to scientists in other fields. Letters include a referenced ~200 word introductory paragraph, main text of no more than 3,500 words and 4 display items (figures, tables). As a guideline, up to 30 references.

News and Comment News and Comment are exceptionally interesting or important comments and clarifications on original research papers or other hot topics published in Life Research. News are published online but not in print.

3. Submission

On submission, you will be asked to provide a cover letter. Please use this to explain why your manuscript should be published in the journal and to elaborate on any issues related to our editorial policies detailed in the instructions for authors. Manuscripts for research articles should be divided into the following sections:

Cover letter Optional, the cover letter is an opportunity to briefly discuss the context and highlights of the research. Please avoid repeating information which is already present in the abstract. The cover letter is not shared with the referees, and should be used to provide confidential information, such as conflicts of interest and total number of words.

Title Page This page includes the title of the article which should be concise but informative; name of department (s) and institution (s) to which the work was done; address, telephone and fax numbers, and E-mail address of the author responsible for correspondence about the manuscript; and any grant support should be mentioned on this page. Notes: For Chinese name, please list given name first and then surname in pinyin, and uppercase the first letter of each part (e.g., Jian-Xing He, Bo Li).

Abstract and Key Words The abstract should introduce the topic and summary your main results and their implication. Provide 3-8 key words below the abstract.

Text For specific requirements see [Guide for Submission](#).

Methods The Methods section appears in all online original research articles and should contain all elements necessary for replication of the results. Methods should be written as concisely as possible and do not exceed 4,000 words. The subjects (patients or laboratory animals, and the controls, including criteria for selection) should be described clearly. Please describe the methods, apparatus and procedures in sufficient detail and identify precisely all drugs and chemicals used, including generic name(s), dose(s) and route(s) of administration. The Methods must include a statistics section where you describe the statistical tests used and whether they were one- or two-tailed. Please ensure that the error bars are defined throughout the figures. For all statistics (including error bars), provide the n values used to calculate the statistics (reporting individual values rather than a range if n varied among experiments). For representative results, report the number of times that the measurements were repeated. Where relevant, provide exact values for both significant and non-significant P values. For ANOVAs, provide F values and degrees of freedom. For t-tests, provide t-values and degrees of freedom.

References Number the references consecutively in the order in which they are first mentioned in the text. The form of references should conform to the Index Medicus.

List all authors when there are three or fewer; when there are four or more, list the first three, followed by “et al.” The following are sample references:

1. Sawin CT, Geller A, Wolf PA, et al. Low serum thyrotropin concentrations as a risk factor for atrial fibrillation in older persons. *N Engl J Med* 1994; 331(4):1249-1252.

Chinese language journal article

2. Zhang HX, Shi ZX, Jia HZ, et al. Effects of garlicin on NIH3T3 cell proliferation and collagen synthesis. *Chin J Integr Tradit West Med (Chin)* 2007;27(5):431-434.

Author contributions You must include a statement that specifies the individual contributions of each co-author. For example: 'A.P.M. ‘contributed’ Y and Z; B.T.R. ‘contributed’ Y,’ etc. See our authorship policies for more details.

Competing interests Submission of a competing interests statement is required for all content of the journal. At the end of the text, under a subheading 'Conflict of interest statement' all authors must disclose any financial and personal relationships with other people or organizations that could inappropriately influence (bias) their work. Examples of potential conflicts of interest include employment, consultancies, stock ownership, honoraria, paid expert testimony, patent applications/registrations, and grants or other funding.

Figures Please ensure that images are of sufficient resolution for referees to clearly see the data. Each picture and table should be stored separately from the article.

Images should be in RGB color and at 300 dpi or higher resolution. Use the same Arial font for all figures. Use symbol font for Greek letters. Use distinct colors with comparable visibility. Figures are best prepared at the size you would expect them to appear in print. The optimum font size is between 5pt and 8pt. It is recommended that you convert all your figures to JPEG. Photographs should be provided as high-resolution component files. For photographs of patients' body parts, written and signed consent of the patient should also be sent or faxed to the editors.

Figure legends should be <600 words each. They should begin with a brief title sentence for the whole figure and continue with a short statement of what is depicted in the figure, not the results (or data) of the experiment or the methods used. Legends should be detailed enough so that each figure and caption can be understood in isolation from the main text.

Tables Each table should be numbered in sequence using Arabic numerals (i.e. Table 1, 2, 3 etc.). Tables should also have a title that summarizes the whole table, maximum 15 words. Detailed legends may then follow, but should be concise. Smaller tables considered to be integral to the manuscript. Columns and rows of data should be made visibly distinct by ensuring the borders of each cell display as black lines. Double-space tables (including any footnotes) and provide a title for each.

Supplementary information Please submit supplementary figures, small tables and text as a single combined Word document (with the pieces in the order: text, figures, tables). Tables longer than one page should be provided as an Excel or similar file type.

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Units of Measurement Measurement of length, height, weight and volume should be reported in metric units (meter, kilogram, or liter) or their decimal multiples. All hematologic and clinical-chemical measurements should be reported in the metric system in terms of the International System of Units (SI).

Abbreviations and Terminology Use only standard abbreviations. All abbreviations and acronyms are to be spelled out in full on their first appearance in the text. Avoid abbreviations in the title and key words. Herbs are to be presented by their common, pharmaceutical and pinyin or Latin names. Acupuncture terms are to be conformed to the World Health Organization nomenclature.