

### Traditional Chinese Medicine

# Immunomodulatory effect of schisandrae oil in mouse model of autoimmune hepatitis induced by concanavalin A

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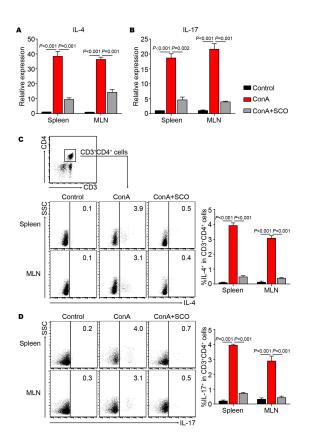
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### Highlights

Schisandra oil has a protective effect on liver injury in model of autoimmune hepatitis by inhibiting the activation of T cells and reducing the expression of proinflammatory cytokines.

### **Traditionality**

Wuweizi (*Schisandra chinensis*) is the fruit of Chinese magnolia vine, a well-known plant species in traditional Chinese medicine. The first description of Wuweizi (*Schisandra chinensis*) was found in *Bencao Gangmu*, a famous ancient book of Chinese book written by Li Shizhen in the Ming Dynasty (1552 C.E.-1578 C.E.). The main components of schisandra oil are lignans, which are shown to have hepatoprotective activities.





#### **Abstract**

Objective: To study the immunomodulatory effect of schisandra oil (SCO) in mouse model of autoimmune hepatitis induced by concanavalin A (ConA). Methods: C57BL/6 mice were divided into control group, model group and SCO group. Mice in SCO group were given SCO at 5 mg/kg by intragastric administration every day for 7 days, followed by intravenous injection of ConA at 10 mg/kg. 10 hours after ConA injection, the levels of alanine aminotransferase (ALT), aspartate aminotransferase (AST) and lactate dehydrogenase (LDH) were measured by the kits, the expression of inflammatory cytokines like interferon-γ (IFN-γ), interleukin-4 (IL-4), interleukin-17 (IL-17), tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), interleukin-1 $\beta$  (IL-1 $\beta$ ) and interleukin-6 (IL-6) in liver was detected by real-time quantitative PCR, and the T cell activation and IFN-y expression in spleen and MLN were examined by flow cytometry. Results: Compared with control group, each indicator in model group were significantly higher. In SCO preventive treatment group, the levels of serum ALT, AST and LDH were significantly reduced (all P < 0.001), the expression levels of inflammatory cytokines in liver were downregulated, the T cell activation in spleen and MLN was inhibited (P = 0.006 and P = 0.008), the percentages of IFN- $\gamma$ <sup>+</sup> CD8<sup>+</sup> and IFN- $\gamma$ <sup>+</sup> CD4<sup>+</sup> T cells were decreased, and the frequencies of Th2 and Th17 cells in spleen and MLN were also decreased at the same time. Conclusion: SCO has a protective effect on immune liver injury by inhibiting the activation of T cells and reducing the expression of inflammatory cytokines, which reflects that SCO plays a role in the immunomodulation of autoimmune hepatitis, indicating that SCO is of great significance for the maintenance of autoimmune homeostasis. Keywords: Schisandra oil, Autoimmune hepatitis, Immunomodulation, Concanavalin A, Inflammatory cytokines, T cells.

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#### Abbreviations:

SCO, Schisandra oil; Con A, Concanavalin A; AIH, Autoimmune hepatitis; MLN, Mesenteric lymph nodes; PBS, Phosphate buffered saline; ALT, Alanine transaminase; AST, Aspartate transaminase; LDH, Lactate dehydrogenase; qPCR, Real-time quantitative PCR; IFN-γ, Interferon-γ; IL-4, Interleukin-4; IL-17, Interleukin-17; IL-1β, Interleukin-1β; IL-6, Interleukin-6; TNF-α, Tumor necrosis factor-α; i.g., Intragastric administration; i.v., Intravenous.

### Competing interests:

The authors declare that they have no conflict of interest.

### Citation:

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### **Background**

Wuweizi (Schisandra chinensis) is the fruit of a well-known plant species named Chinese magnolia vine, which is widely used in traditional Chinese medicine [1]. The first description of Wuweizi (Schisandra chinensis) can be found in the ancient book of Chinese medicine named Bencao Gangmu written by Li Shizhen, a famous medical scientist in the Ming Dynasty (1552 C.E.-1578 C.E.). It is demonstrated that Wuweizi (Schisandra chinensis) has been applied in the treatment of body fatigue, insomnia, weakness and excessive sweating, as well as in the treatment of various diseases like respiratory failure, intestinal diseases and cardiovascular diseases [2]. Wuweizi (Schisandra chinensis) contains lignans, polysaccharides, essential oils, fatty acids, vitamins, amino acids and so on. The main components of schisandra oil (SCO) are lignans, which are the most important active components of Wuweizi (Schisandra chinensis) [3-6]. Hepatoprotective activity is the best-known action of six kinds of schisandra lignans: gomisin A, schisantherin A, schisandrin B, schisandrin C, schisandrin and deoxyschisandrin. The available literature contains many reports on the mechanism of effect of these extracts [7-14]. For example, it has been reported that gomisin A could increase the activity of NADPH cytochrome C reductase, cytochrome B5 and P450 in microsomal, and reduce the activity of 3, 4-dibenzopyrene hydroxylase. Besides, it could accelerate the hepatic flow, the hepatocyte proliferation and the renewal of endoplasmic reticulum [15]. In addition, schisandrin B has been reported to protect liver tissues from oxidative stress injury [10]. Therefore, the role of SCO plays in hepatoprotective activity deserves attention.

Concanavalin A (ConA)-mediated liver injury in mice is a commonly used model of autoimmune hepatitis (AIH), which is a common clinical autoimmune liver disease [16-17]. AIH occurs in children and adults of all ages, which presents as a chronic progressive disease course of unknown cause. The variant forms of AIH have the same characteristics as other hypothetical autoimmune liver diseases, primary sclerosing cholangitis and primary biliary cirrhosis, but abnormal autoresponsiveness is considered to play the most important role in the pathogenesis [18]. Kinds of autoimmune antibodies result in tissue damage and systematic dysfunction, which makes anti-inflammatory or immunosuppressive treatment become lifetime maintenance therapy [19-20]. Since there is no cure, the focus is on prevention. However, there is no good prevention method for AIH so far. According to the record, (Schisandra chinensis) extracts have Wuweizi hepatoprotective activity, but much less attention was

payed to the protective effect of SCO on ConA-mediated immune liver injury.

In the present study, further evidence is provided that SCO exerts immunomodulatory effect on the liver in ConA-induced model of AIH.

### Materials and methods

### Animals and reagents

Female C57BL/6 mice (6-8 weeks old) were purchased from the experimental animal center of Anhui medical university and kept in SPF laboratory. Schisandra oil was purchased from Hairui Natural Plant Co., Ltd (Jiangxi, China). ConA was purchased from Sigma Aldrich (USA).

#### **Animal models**

C57BL/6 mice were divided into control group, model group and SCO group (n = 16 for each group). Mice in SCO group were given SCO at 5 mg/kg by intragastric administration (i.g.) every day for 7 consecutive days, followed by intravenous (i.v.) injection of ConA at 10 mg/kg. Mice in model group were given i.g. phosphate buffered saline (PBS) as a control for 7 days, followed by an i.v. injection of ConA at 10 mg/kg. Mice in control group were given i.g. PBS for 7 days followed by i.v. injection of PBS. All animal experiments were approved by the Laboratory Animal Control Committee of University of Science and Technology of China, No. 2019-N(A)-078.

### Real-time quantitative PCR analysis

Total RNA was extracted from liver tissues with TRIzol reagent (Invitrogen, USA) and was transcribed to cDNA by using a high capacity cDNA reverse transcription kit (Applied Biosystems, USA), both according to the manufacturer's protocols. Real-time quantitative PCR (qPCR) was performed with THUNDERBIRD SYBR qPCR mix (TOYOBO, Japan) on ABI 7500 applied biosystems under the following conditions: 95°C for 5 min with 1 cycle, 95°C for 30 s, 58°C for 30 s and 72°C for 30 s with 35 cycles, and 72°C for 2 min with 1 cycle. mRNA levels were normalized to β-actin. The primers were synthesized by Sangon Biotech (China) and the primer sequences were follows: mouse β-actin, sense 5'-CCTTCTTGGGTATGGAATCCTG-3', antisense 5'-CAATGCCTGGGTACATGGTG-3'; mouse interferon-γ  $(IFN-\gamma),$ sense 5'-CTCATGGCTGTTTCTGGCTG-3', antisense 5'-GACCTGTGGGTTGTTGACCT-3'; mouse interleukin-4 (IL-4),sense 5'-TTGTCATCCTGCTCTTCTTTCTC-3', antisense 5'-TGGACTTGGACTCATTCATGG-3'; mouse interleukin-17 (IL-17),sense 5'-CGATCATCCCTCAAAGCTCAG-3', antisense 5'-ACACCCACCAGCATCTTCT C-3'; mouse tumor

necrosis factor-α  $(TNF-\alpha)$ , sense 5'-CCTATGTCTCAGCCTCTTCTC-3', antisense 5'-CAATGACTCCAAAGTAGACCT-3'; mouse interleukin-1β  $(IL-1\beta),$ sense 5'-CCTGTTCTTTGAAGTTGACGG-3', antisense 5'-AATGAGTGATACTGCCTGCC-3'; mouse interleukin-6 (IL-6),sense 5'-AACAAGAAAGCCAGAG-3', antisense 5'-GTTAGGAGAGCATTGGAAATTGG-3'.

# Preparation of single cell suspension of mouse spleen and mesenteric lymph nodes

Mice were sacrificed and the spleen and mesenteric lymph nodes (MLN) were removed and put into PBS with 1% fetal bovine serum. The spleen and MLN were ground into cell suspension with frosted slides and the cell suspension was filtered through a 48 µm cell strainer to a centrifuge tube, followed by centrifugation at 400 g for 5 min. The supernatant was removed and the cell precipitation was resuspended with 3 mL red blood cell lysis buffer (Solarbio, Beijing, China) at room temperature for 5 min. Then 3 mL PBS was added to neutralize the effect of red blood cell lysis buffer followed by centrifugation at 400 g for 5 min. The supernatant was removed and the major components of cell precipitation are lymphocytes, which were resuspended by 3 mL PBS and washed for 3 times. The single cell suspension from spleen and MLN was used for subsequent flow cytometric analysis (BD FACS Calibur, USA).

### Flow cytometric analysis

For the surface staining, antibodies were added into 100  $\mu$ L lymphocyte suspension and incubated at 4 °C for 30 min. The surface staining antibodies were as follows: anti-CD3 (17A2, 5  $\mu$ g/mL), anti-CD4 (GK1.5, 5  $\mu$ g/mL), anti-CD8a (53-6.7, 5  $\mu$ g/mL), anti-CD69 (H1.2F3, 10  $\mu$ g/mL). For intracellular cytokine staining, lymphocytes prepared from spleen and MLN were cultured for 5 hours in the presence of Phorbol-12-myristate-13-acetate (80 nM), ionomycin

(1.3  $\mu$ M), and Brefeldin A (5 mg/mL). Cells were treated with anti-IFN- $\gamma$  (XMG1.2, 10  $\mu$ g/mL) on the basis of the cytoplasmic proteins staining protocols (Biolegend, USA). All antibodies were purchased from Biolegend (USA) and flow cytometric analysis was performed with BD FACS Calibur (USA).

# Serum transaminase and lactate dehydrogenase measurement

The blood extracted from mouse eyeballs was collected and stood at room temperature for 3 hours, followed by centrifugation at 3000 rpm for 10 min. The serum was obtained and measured for alanine transaminase (ALT), aspartate transaminase (AST) and lactate dehydrogenase (LDH) according to the instructions in the kits. The ALT, AST and LDH assay kits were purchased from Nanjing Jiancheng Bioengineering Institute (China).

### Statistical analysis

Results were presented as mean  $\pm$  SEM and statistical significance was examined by the analysis of variance. All the statistical analysis was performed by the GraphPad Prism 7.0 software. Differences were considered to be statistically significant when P < 0.05.

### **Results**

### SCO prevents liver injury from ConA-induced AIH

To explore whether preventive treatment of SCO could protect the liver from immune injury, the serum markers of liver injury were measured. As shown in Figure 1A to C, the serum levels of ALT, AST and LDH in the model group are significantly higher than those in the control group (all P < 0.001), indicating that ConA injection can absolutely result in liver injury. Interestingly, the levels of serum ALT, AST and LDH are significantly reduced with SCO pretreatment (all P < 0.001), suggesting that SCO seems to be capable of preventing immune liver injury induced by ConA.

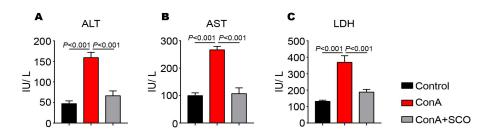


Figure 1 SCO prevents liver injury from ConA-induced AIH

(A to C) C57BL/6 mice were divided into control group, model group and SCO group (n = 10 per group). Mice in SCO group were treated i.g. with SCO for 7 consecutive days ahead of ConA injection. 10 hours later, the levels of serum ALT (A), AST (B) and LDH (C) were measured by the assay kits. Error bars represent mean  $\pm$  SEM. SCO, Schisandra oil; AIH, Autoimmune hepatitis; ConA, Concanavalin A; ALT, Alanine transaminase; AST, Aspartate transaminase; LDH, Lactate dehydrogenase.

### SCO reduces the levels of inflammatory cytokines in the liver

As we know, the main reason for ConA-induced liver injury is T cell activation and cytokine release. To further analyze the influence of SCO on inflammatory microenvironment in liver, a series of cytokines were evaluated by qPCR. It is observed that the expression of IFN- $\gamma$ , IL-4, IL-17, TNF- $\alpha$ , IL-1 $\beta$  and IL-6 are all

upregulated in the livers of mice in model group (P < 0.001, P = 0.001, P < 0.001, P = 0.004, P = 0.003 and P < 0.001, respectively, Figure 2A to F), while all these cytokine levels are reduced with SCO pretreatment (P < 0.001, P = 0.005, P = 0.002, P = 0.015, P = 0.007 and P < 0.001, respectively, Figure 2A to F), revealing that the liver protection of SCO is achieved by the downregulation of inflammatory cytokine expression.

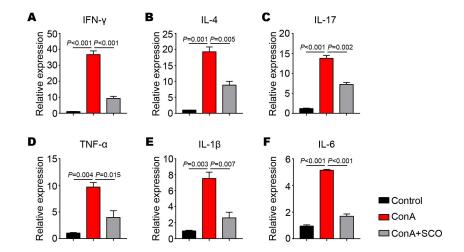


Figure 2 SCO reduces the levels of inflammatory cytokines in the liver

(A to F) C57BL/6 mice were divided into control group, model group and SCO group (n=6 per group). Mice in SCO group were treated i.g. with SCO for 7 consecutive days ahead of ConA injection. 10 hours later, the liver tissues from each group were evaluated for the expression of inflammatory cytokines IFN- $\gamma$  (A), IL-4 (B), IL-17 (C), TNF- $\alpha$  (D), IL-1 $\beta$  (E) and IL-6 (F) by qPCR. Error bars represent mean  $\pm$  SEM. SCO, Schisandra oil; ConA, Concanavalin A; IFN- $\gamma$ , Interferon- $\gamma$ ; IL-4, Interleukin-4; IL-17, Interleukin-17; IL-1 $\beta$ , Interleukin-1 $\beta$ ; IL-6, Interleukin-6; TNF- $\alpha$ , Tumor necrosis factor- $\alpha$ .

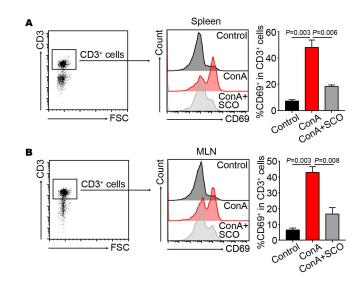


Figure 3 ConA-induced T cells activation is inhibited by SCO pretreatment

(A, B) C57BL/6 mice were divided into control group, model group and SCO group (n = 6 per group). Mice in SCO group were treated i.g. with SCO for 7 consecutive days ahead of ConA injection. 10 hours later, the percentages of CD69+ T cells in spleen (A) and MLN (B) were tested by flow cytometry. CD3+ cells were gated. Error bars represent mean  $\pm$  SEM. SCO, Schisandra oil; ConA, Concanavalin A; MLN, Mesenteric lymph node.

## ConA-induced T cells activation is inhibited by SCO pretreatment

Due to the fact that peripheral T cells can be activated after ConA injection, we further analyze the effect of SCO on T cell activation, which is characterized by a surface marker CD69. SCO was given to mice through oral route, so T cells in spleen and MLN were tested at the same time. As a result, the percentages of CD69 $^+$  T cells are increased in both spleen (P=0.003) and MLN (P=0.003) after ConA injection (Figure 3A and B), whereas SCO pretreatment significantly decreases the frequencies of activated T cells (P=0.006 and P=0.008, Figure 3A and B), as evaluated by flow cytometry. This data indicated that ConA-induced T cell activation could be inhibited by oral administration of SCO.

### The effect of SCO treatment on IFN-γ-producing T cells

Next, we tried to investigate whether SCO treatment had an influence on T cell subsets in the ConA-induced AIH model. The result of flow cytometry shows that IFN- $\gamma$  expression of CD8<sup>+</sup> and CD4<sup>+</sup> T cells from spleen is strikingly up-regulated in the model group (both P=0.002, Figure 4A and B), whereas the percentages of IFN- $\gamma$ <sup>+</sup> CD8<sup>+</sup> and IFN- $\gamma$ <sup>+</sup> CD4<sup>+</sup> T cells significantly decrease in the SCO group (P=0.007 and P=0.021, Figure 4A and B). Simultaneously, the same results are observed in MLN (Figure 4A and B). Together, these data suggested that SCO pretreatment might exert a suppressive effect on CD8<sup>+</sup> and Th1 cells in ConA-induced T cell activation and differentiation.

### The effect of SCO treatment on other CD4<sup>+</sup> T cell subsets

The above data indicated that the frequency of Th1 cells was decreased by SCO pretreatment in the AIH model. To further analyze the effect of SCO on other CD4+ T cell subsets, the expression of IL-4 and IL-17 was evaluated by real-time quantitative PCR. It is observed that SCO pretreatment down-regulates the expression of IL-4 and IL-17 in both spleen and MLN (Figure 5A and B). In addition, flow cytometric analysis shows that the percentages of IL-4+ and IL-17+ cells in CD4+ T cells are increased by ConA injection, while SCO treatment decreases the frequency in spleen and MLN (Figure 5C and D). All these suggested that the differentiation of CD4+ T into Th2 and Th17 cells could be inhibited by SCO in the ConA-induced AIH model.

### Discussion

Clinically, there are two common causes of liver injury: firstly, hepatotoxic substances such as heavy metals or chemical drugs cause direct damage to hepatocytes; Secondly, liver immune cell activation and

inflammatory factor overexpression indirectly damage hepatocytes. It's worth mentioning that activation of immune cells leading to liver injury is an important feature of autoimmune hepatitis. ConA is a kind of plant lectin which causes T cell-induced hepatotoxicity as a T cell mitogen [21]. So, ConA-mediated mouse liver injury is a commonly used model of AIH, which closely mimics the pathogenesis mechanisms and pathological changes of patients. In the ConA model, peripheral T cells undergo activation, proliferation and differentiation [22-23], accompanied by cytokine release, like IFN-y, IL-4, IL-17 and so on [24-28], lay the foundation of inflammatory microenvironment. In addition to stimulating T cells, ConA is able to activate liver macrophages, mainly resident Kupffer cells and infiltrating monocytes, to produce TNF-α, IL-6 and IL-1β, which are key inflammatory factors that cause liver injury [29-30]. Furtherly, Kupffer cells can promote the immune response of Th1, thereby contributing to hepatotoxicity caused by ConA [31]. Altogether, ConA-stimulated T cells interact with other immune cells, triggering a series of inflammatory responses, subsequently resulting in hepatocellular injury.

In this study, we took advantages of ConA-induced hepatitis model to investigate the immunomodulatory effect of SCO and surprisingly found that SCO pretreatment could reduce the levels of serum ALT, AST and LDH, which are typical indicators of liver injury [32]. We can not help but wonder why does SCO have the function of liver protection. So further research was made to explore the effect of SCO on inflammatory microenvironment. Interestingly, it was observed that with oral administration of SCO, ConA-mediated T cell activation in spleen and MLN was inhibited, Th1, Th2, Th17 cells as well as CD8+T cells were suppressed and the expression of inflammatory cytokines in liver was decreased. Therefore, SCO is capable of alleviating liver inflammation by intervening immune cell activation, so as to achieve liver protection. However, the specific mechanism of immunomodulatory effect of SCO on T cells remains further study.

### Conclusion

As stated above, SCO has a protective effect on immune liver injury by inhibiting the activation and differentiation of T cells and reducing the expression of inflammatory cytokines, which reflects that SCO plays a role in the immunomodulation of AIH, indicating that SCO is of great significance for the maintenance of autoimmune homeostasis.

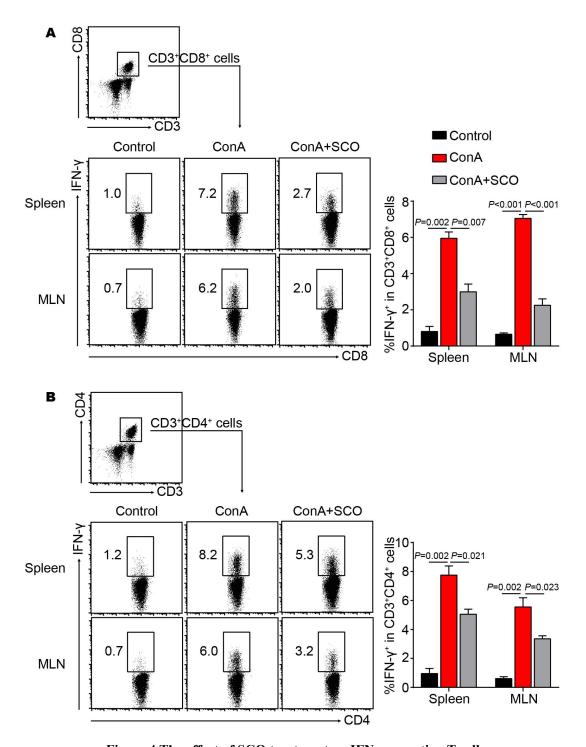


Figure 4 The effect of SCO treatment on IFN-γ-secreting T cells

(A, B) C57BL/6 mice were divided into control group, model group and SCO group (n = 6 per group). Mice in SCO group were treated i.g. with SCO for 7 consecutive days ahead of ConA injection. 10 hours later, lymphocytes from spleen and MLN were isolated and cultured in vitro for another 5 hours in presence of PMA (80 nM), ionomycin (1.3  $\mu$ M), and Brefeldin A (5 mg/mL), followed by flow cytometric analysis. The percentages of IFN- $\gamma$ <sup>+</sup> cells in both CD8<sup>+</sup> and CD4<sup>+</sup> T cells were shown. CD3<sup>+</sup> CD8<sup>+</sup> or CD3<sup>+</sup> CD4<sup>+</sup> cells were gated. Error bars represent mean  $\pm$  SEM. SCO, Schisandra oil; ConA, Concanavalin A; IFN- $\gamma$ , Interferon- $\gamma$ ; MLN, Mesenteric lymph node.

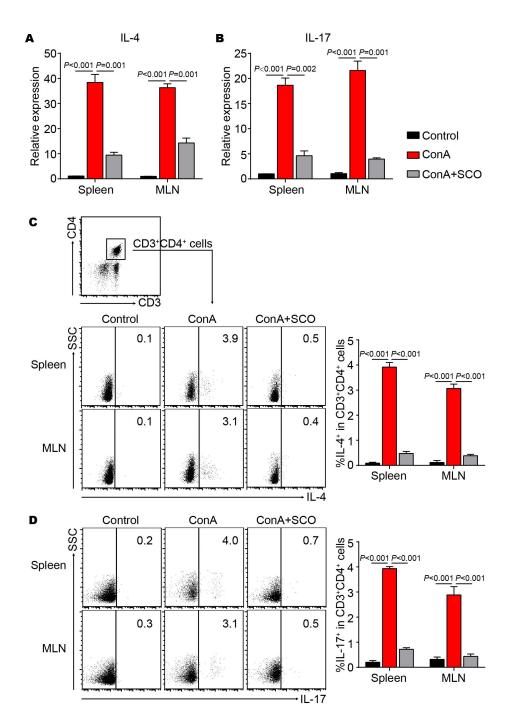


Figure 5 The effect of SCO treatment on other CD4<sup>+</sup> T cell subsets

C57BL/6 mice were divided into control group, model group and SCO group (n = 6 per group). Mice in SCO group were treated i.g. with SCO for 7 consecutive days ahead of ConA injection. 10 hours later, lymphocytes from spleen and MLN were evaluated for the expression of IL-4 (A) and IL-17 (B) by qPCR. At the same time, lymphocytes from spleen and MLN were isolated and cultured in vitro for another 5 hours in presence of PMA (80 nM), ionomycin (1.3  $\mu$ M), and Brefeldin A (5 mg/mL), followed by flow cytometric analysis. The percentages of IL-4+ (C) and IL-17+ (D) cells in CD4+ T cells were shown. CD3+ CD4+ cells were gated. Error bars represent mean  $\pm$  SEM. SCO, Schisandra oil; Con A, Concanavalin A; MLN, Mesenteric lymph nodes; qPCR, Real-time quantitative PCR; IFN- $\gamma$ , Interferon- $\gamma$ ; IL-4, Interleukin-4; IL-17, Interleukin-17; PMA, Phorbol-12-myristate-13-acetate.

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