

How Can We Give Hope for Cancer Patients to Cure This Disease?

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When writing this article, the author feels certain that what she is going to say will give hope to those who are experiencing cancer problems and are not seeing improvement with their current treatment protocols [1].

With the implementation of the Flexner report in 1913, modern medicine was born with the implementation of increasingly specialized processes for the diagnosis and treatment of various pathologies, especially cancer [2, 3].

The super specialization of medicine in modern medical practice has resulted in medical doctors that only look at the patients' symptoms and the resulting treatment is usually focused in a localized way. This model of reasoning was made by Galen (129 C.E. – 216 C.E.) that was a Greek medical doctor who wrote many books regarding the anatomy of the human body. Galen divided the human into systems and one organ works separately from each other, independently [4].

The author will use the metaphor of a tree to illustrate the different points of view between Western and traditional Chinese medicine (TCM). The modern Western medicine approach of treatment is done at the leaf level of a tree with the remainder of the tree (roots) largely going untreated. But in the view of traditional Chinese medicine, Western medicine's treatment of human cancer is like the treating a diseased tree leaves which only treats the external symptoms of the real problem which is really located in the tree roots. Whereas, traditional Chinese medicine focuses on the problems with the tree roots. A similar metaphor could be made by thinking an iceberg, where Western medicine focuses on the treatments targeting the tip of the iceberg (portion of the iceberg seen above the water level) and traditional Chinese medicine views the cancer (the tip of the iceberg) as only the symptom and the real disease issues are found under the water line which cannot normally be seen with the naked eye [5-7].

The metaphor of the tree symbolizes the human being, and it is widely used in many articles by this author, where the branches represent each medical specialty, and the leaves signify the various symptoms and diseases treated by each medical specialist. In the case of the tree roots which are normally invisible to the naked eye, the Western medicine practitioner is not usually even aware of its' existence. However, Chinese medicine fully understands that all diseases at the leaves are due to an energy imbalance in its' roots (composed by *Yin* and *Yang* theory and Five Elements theory). Also, TCM understands that the

tree or human being receives influences from the external pathogenic factors which are defined as: Cold, Heat, Humidity, Dryness and Wind [1, 4, 8].

When the physician treats cancer locally, with radiotherapy, chemotherapy or surgery, the disease has not yet been cured because the root of the problem has not yet been treated. The root of the problems are energy deficiencies and the formation of internal Heat, which are the genesis of all cancers according to traditional Chinese medicine [5-7].

This theory, treating the root and not just the symptoms, was presented by the author in 2015, in an Acupuncture Research Conference that was held in Harvard Medical School, in 2015, in Boston, United States. In this presentation, the author showed that by treating all energy imbalances at the root, the physician will be able to treat all of the conditions of the patient simultaneously, even if the doctor is unaware of the patient's external symptoms [1, 4, 8].

The case study that has become the cornerstone of all of this author's presentations was one specific patient that she treated in 2006. The patient had pain in the legs and was using anti-inflammatory medications with no improvement. It was not until after he received treatment with Chinese dietary counseling, acupuncture with apex ear bloodletting and systemic acupuncture that he found improvement in his pain condition. The patient was also being treated for glaucoma for the last 40 years (but he did not tell the doctor that he had glaucoma) and it was only after these treatments to address the leg pain (treating the energy imbalances) that the patient saw improvement in his glaucoma condition for the first time since its onset. His intra-ocular pressure was always above 40 mmHg and for the first time, since his onset of glaucoma, the intraocular pressure reading went to 17 mmHg. So, treating the root, we can treat all the patient's condition at the same time, even the physician do not know that the patient have such symptom or disease [4, 8, 9].

Based on the above case study, the author believes this theory can also be applied to patients with cancer because cancer is only the leaf manifestation that something wrong is happening inside the body of the patients. In analyzing the root cause of cancer, according to traditional Chinese medicine, the cancer comes from the energy deficiency and formation of Heat. In the view of this author, cancer is a systemic disease whose cause is an energy deficiency and only manifests in a localized way. But even if the patient is doing any type of treatment such as, chemotherapy, radiotherapy or surgery; it is very important to treat the root (that is the energy deficiencies and the formation of Heat) to prevent the recurrence of the cancer, the formation of other types of cancer or the formation of metastasis [1,

7].

In this study the author is trying to propose to Western medicine a side of cancer treatment that is not usually considered by the majority of Western doctors who treat cancer patients. That is, it is the energy balances that are at the root level, that cause the diseased leaf symptoms (e.g. cancer). These energy imbalances which are the root cause are usually overlooked and not treated. When a patient has cancer, the patient is no longer immunocompetent but immune depressed. However, it is not because he has cancer that he is immunodepressed. But in reality, it is because he is immunodepressed that he has the cancer [1].

In the article written by Huang (2021) entitled *Are We Vaccinating Immunocompetent or Immunocompromised People for COVID-19?* the author demonstrated through her research that the majority of the patients she is treating are considered immune depressed and not immune competent. The author (2021) wrote another article entitled *What Are the Markers That Predict the Development of Having Cancer in the Future Without Laboratory or Radiological Tests?* where she is proposing another mode to diagnosis cancer propensity by only analyzing the energy status of the patients. This is very different from what is practiced presently, because the Western medicine process to prevent cancer is usually done in very late phase of cancer formation [10].

Normally, cancer is formed after many years of energy deficiency and therefore, measures to replenish this energy can be important to prevent future cancer formation in these energy deficient patients [11].

In various written articles the author shows that, what cancer patients have in common is energy deficiencies and the formation of Heat. The author usually begins her treatment protocol with dietary changes. As said by Hippocrates, father of medicine, “make your food your medicine and your medicine your food” [12].

The second step, in all treatments, is to do the auricular acupuncture with apex ear bloodletting (to rebalance the *Yin, Yang, Qi*, Blood and take out the Heat retention) [1, 8].

The meaning and explanations of each auricular acupuncture point used, to rebalance the *Yin, Yang, Qi* and Blood and Take out Heat, were described in the article written by the author entitled (2018) *How Do You Treat Back Pain in Your Practice? Part 2* [13].

In addition, the author developed a theory (2020) to replenish the internal organs energy with homeopathic medications which is documented in article titled *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine*, where the author fills the energy of the five massive organs using highly diluted medicine (homeopathies) [14].

Using these types of medicine, the physician can improve the vital energy of the patients whose energies are generally very low, as described by the author (2021) in the article *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection* [14, 15].

In the article written by Huang (2020) entitled *The Importance of Treating Energy Imbalances and Chakras Replenishment for Prevention and Treatment of Cancer*, the author describes three clinical cases of patients (one malignant thyroid cancer, one patient with grade IV of

alteration in pap smear and one patient with Lung cancer with metastasis that was undergoing chemotherapy, erasing radiotherapy and surgery). All of these patients improved and were cured from their condition (patient one and two) and in the third case, the patient greatly reduced the metastasis when they underwent the energy based treatments using Chinese dietary counseling, auricular acupuncture with apex ear bloodletting and replenish the internal organs energy (Liver, Heart, Spleen, Lung and Kidney) using homeopathy medications according to the theory *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine*. Because as the author showed in her research and in all articles that she has written regarding cancer formations and chronic diseases; what all have in common is energy deficiencies in the internal massive organs. These organs are responsible for the formation of *Yin* and *Yang* (kidney or second chakra), *Qi* (Liver and Lung or first and fourth chakra respectively) and *Blood* (fifth chakra and third chakra). The author uses the procedure called radiesthesia to evaluate the energy situation of all these organs, measuring the chakras' energy centers in Ayurvedic medicine developed in India. In the article written by Christopher (2018) entitled *The Geometry of Emotions: Using Chakra Acupuncture and 5-Phase Theory to Describe Personality Archetypes for Clinical Use*, Christopher explains the correlation between internal massive organs in traditional Chinese medicine and the correlation between each organ and each chakras' energy center [1, 16].

There is a need to integrate the knowledge of Western and Eastern medicine, to make a holistic treatment of the patient. Today the treatment of cancer patients is based on a localized mode and the patient still is not cured from the cause of the formation of cancer, which are the energy deficiencies and formation of internal Heat. Therefore, the patient remains susceptible to reoccurrence of the original tumor or the formation of cancer metastasis or formation of another type of cancer at another body site. The integration of leaf level and the root level treatment is very important in medicine today. Root level treatment can even reduce the side effects caused by the use of the highly concentrated medications that cause energy deficiency if not promptly treated by reducing the side effects of the medications used and helping to improve the quality of life in all these patients. That is, suffering from the cancer and from the treatment that they are receiving, which are causing depression, nausea, vomiting, weakness state, hair loss, among many other symptoms, as showed in the article written by the author (2021) entitled *Can we cure our patients in palliative care?* and in another article *Can We Cure Cancer without Chemotherapy, Radiotherapy or Surgery?* [17, 18].

This article was inspired by Hippocrates (460 B.C.E.-375 B.C.E.), father of medicine, that said that *it is more important to consider other ancient medical traditions, prior to the knowledge we have nowadays*. The second quote from him is *Natural forces within us are the true healer of the disease*. That is the reason why this author is using traditional Chinese medicine's reasoning to explain all the energy processes involved in the formation of diseases, that have existed for more than 5000 years. So, the author is writing these few lines only so the doctors do not forget what we promised when we graduated in

medicine [12].

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