

Instructions to Authors

1. About Traditional Medicine Research

1.1 Open-Access

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1.3 Article Processing

Charge In 2019, All accepted papers will be published free-of-charge.

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1.6 Submit a Manuscript

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2. Instructions to Authors

Manuscripts should be submitted by one of the authors of the manuscript through the online Manuscript Tracking System (MTS). All contributions should be written in English. All articles must be prepared by Word-processing Software, using 12 pt Book Antiqua font and 1.5 line spacing with ample margins. There is no page limit. Submissions by anyone other than one of the authors will not be accepted. The submitting author takes responsibility for the paper during submission and peer review. If some technical reason submission through the MTS is not possible, the author can contact tmr@tmrjournals.com or tmrjournal@sina.com

2.1 Terms of Submission

Papers must be submitted on the understanding that they have not been published elsewhere and are not currently under consideration by another journal published. The submitting author is responsible for ensuring that the article's publication has been approved by all the other coauthors. It is also the authors' responsibility to ensure that the articles emanating from a particular institution are submitted with the approval of the necessary institution. Only an acknowledgment from the editorial office officially establishes the date of receipt. Further correspondence and proofs will be sent to the authors before publication unless otherwise indicated. It is a condition of submission of a paper that the authors permit editing of the paper for readability. Full instructions and support are available on the website where user ID and password could be obtained on the first visit. For assistance, click the link 'Contact Us'.

2.2 Video

TMR accepts video material and animation sequences to support and enhance your scientific research. Authors who have video or animation files that they wish to submit with their article are strongly encouraged to include links to these within the body of the article. This can be done in the same way as a figure or table by referring to the video or animation content and noting in the body text where it should be placed. All submitted files should be properly labeled so that they directly relate to the video file's content. In order to ensure that your video or animation material is directly usable, please provide the file in one of our recommended file formats with a preferred maximum size of 150 MB per file, 1 GB in total. Video and animation files supplied will be published online in the electronic version of your article in TMR Website.

2.3 Special Attention

2.3.1 Overcoming Cultural Barriers

Traditional Medicine Research is an international journal. When writing a paper, authors should understand that readers have different cultural and historical background. Presenting ideas in a clear and concise way will allow readers from the fields of both traditional medicine and non-traditional medicine to understand new concepts easily. For traditional terms, we request authors 'unpackage' concepts and present them in simply

constructed sentences. Authors should describe them in English as much as possible. If traditional terms have to be used, the author should explain the meaning of these terms when they are used the first time. For some theories and information that is more difficult to explain, methods such as video recording of lectures or practical demonstrations are highly recommended in order to facilitate wide spread comprehension.

2.3.2 Introducing Traditionality

We require the author supply the historical records of research subjects. They should state from which literatures the research object comes from and when the literatures were published. If the research object was used by indigenous people, it should indicate which indigenous people are using it. If the research subjects only grows in a specific area, it is necessary to specify its regional distribution.

2.3.3 Protecting Resources

The raw materials of traditional medicine are mainly plant and animal based, with the exception of minerals and metals. Because of climate change and over-exploitation of natural resources, the survival of many wild animals and plants is threatened, for example, pangolin and rhinoceros horn etc. It is important that authors should respect biodiversity and abide by international treaties concerning endangered species. If some pharmaceutical ingredients come from endangered animals and plants, the author should state the source of these ingredients used in research and ethical approval must be obtained.

2.4 Manuscript Types

2.4.1 Editorial

Editorial board members are invited to make comments on an important topic in their field, regarding its current research status and future directions that will promote development of this discipline.

2.4.2 News

News should focus on policy, science and society or purely scientific issues related to traditional medicine around the world. They should be of immediate interest to a broad readership and should be written in an accessible, non-technical style. Figures and diagrams are encouraged, but are not a requirement. News articles are not peer-reviewed, but undergo editing after consultation with the author.

2.4.3 Comment

We welcome influential scientists to write a Field of Vision commentary on recent perspectives of seminal articles, hot topic articles, or the latest articles in the research field, to keep readers at the forefront of research and increase the impact of their clinical research. Seminal (classic) articles are papers that included in the Web of Science and reflecting the article's quality and their impact on the field. Hot topic articles are papers that included in the Web of Science and reflecting their representation of cutting-edge trends in scientific research. Comments are typically no longer than 1,500 words and include up to 25 references.

2.4.4 Annual Advance

We welcome influential scientists to write a series of annual high-quality summary articles with perspectives on the most up-to-date research advances in their field. These papers should be the latest, most up to date high-quality articles, published in a year, included in PubMed and reflect the latest trends in the author's research field. In general, these type articles will focus on the status of the overall research in the field, highlighting the most important research topics, the problems that have now been resolved and remain to be resolved and the future research directions that may maximize the practical impact on a field of study.

2.4.5 Review

These are systematic and critical assessment of recent literatures on a particular issue of traditional medicine. The ethnic feature, regional distribution, and / or historical records about traditional medicine must be indicated.

2.4.6 Original Article

This is the most important forum for authors to submit their works representing clinical studies and experimental researches. For randomized controlled trials, approval by ethics committee, signed informed consent from each subject and clinical trial registration number must be stated. The ethnic feature, regional distribution, and / or historical records about traditional medicine must be indicated.

2.4.7 Evaluated Case Report

These are brief reports of individual clinical cases, especially cases difficult-to-treat by conventional medicine means but benefit from tradition medicine with objective evidences (e.g., imaging data, photos of pathology or special physical signs) before and after treatment. We will protect the privacy of the patients and declare these reports only for cholarly research use.

2.4.8 Hypothesis of Traditional Medicine

Traditional medicine has a unique theoretical system. Theoretical research is a forum for ideas in traditional medicine and related medicine sciences. Most contemporary practice tends to discriminate against the theory of traditional medicine that conflict with current theory and practice. TMR will publish interesting and important theoretical papers that explore the biological mechanism of the theory of traditional medicine. TMR will publish radical ideas and hypotheses so long as they are coherent and clearly expressed. The historical records about the theory, the modern literatures including basic and clinical research, and the feasible demonstration method must be indicated.

2.5 About Advance Online Publication

Traditional Medicine Research offer Advance Online Publication (AOP). We believe that AOP is the best and quickest way to publish high-quality, peer-reviewed research for the benefit of readers and authors. The following types of contribution to Traditional Medicine Research are preferred to be published AOP: clinical guidelines, annual advances, important basic research findings and international multicenter RCT research. They will be reviewed quickly. Average time from submission to first decision is just 10

days. But we ask author to explain scientific significance in the letter to the editor. Once the article is accepted, it will online first within 5 days and carries a digital object identifier (DOI), which serves as a unique electronic identification tag for that paper.

3. Article Submission

On submission, you will be asked to provide a cover letter. Please use this to explain why your manuscript should be published in the journal and to elaborate on any issues related to our editorial policies detailed in the instructions for authors. Manuscripts for research articles should be divided into the following sections: Title page, Highlight, Traditionality, Abstract, Background, Methods, Results, Discussion, Conclusions, List of abbreviations used (if any), Conflicts of Interest, Acknowledgements, References, Figure legends (if any), Tables and captions (if any).

3.1 Title Page

This page includes the title of the article which should be concise but informative; name of department (s) and institution (s) to which the work was done; address, telephone and fax numbers, and E-mail address of the author responsible for correspondence about the manuscript; and any grant support should be mentioned on this page.

3.2 Traditionality

Please write one to three sentences to present the historical records of research subjects. They should state the which literature did the research object come from and when was the literature published.

An example is shown as follows: The first recorded report of the use of leeches is in a medical poem, Alexipharma, for Nicander of Colophon, born 200 B.C. There is also evidence of the using leeches by scholars such as Avicenna in The Canon of Medicine and Abd-el-Latif al-Baghdadi in Al-Mukhtarat fi al-Tibb. Barbers-surgeons in the middle ages used to use leeches to shed blood for treating particular kind of diseases. With the development of modern medicine, the first use of medical leeches occurred in the 1960's, for intravenous congestion after reconstructive surgery. In 2004 the FDA approved leech therapy to accelerate tissue transplantation. (Roshanak Ghods, Mojtaba Abdi, Matineh Pourrahimi, *et al.* Leech therapy indications: a scoping review. Traditional Medicine Research, 2019, Online.)

3.3 Highlight

Please write a summary of no more than 80 words to present the core content of your manuscript, highlighting the most innovative and important findings and/or arguments. The purpose of the Core Tip is to attract readers' interest for reading the full version of your article and increasing the impact of your article in your field of study.

3.4 Abstract and Key Words

The abstract (of no more than 300 words) of research articles should consist of four paragraphs, labeled Objective, Methods, Results, and Conclusions. They should state the purpose of the study or investigation, basic procedures, main findings (give specific data

and their statistical significance), and the conclusions. This four-part form does not apply to other types of articles. Provide 3-7 key words below the abstract.

3.5 Text Introduction

State the purpose of the article. Give a brief, relevant background to the study. The ethnic feature, regional distribution, and / or historical records about traditional medicine must be indicated. Methods: Describe the subjects (patients or laboratory animals, and the controls, including criteria for selection) clearly. Describe the methods, apparatus and procedures in sufficient detail. Identify precisely all drugs and chemicals used, including generic name(s), dose(s) and route(s) of administration. Results: Present the results in the text, tables and illustrations concisely, and do not repeat in the text all the data in the tables or illustrations; summarize only important observations. Discussion: Emphasize the new and important aspects of the study and the conclusions that follow from them. Include the implications of the findings and their limitations, as well as implications for future research. State new hypotheses when warranted, but clearly label them as such.

3.6 Conflicts of Interest

At the end of the text, under a subheading 'Conflict of interest statement' all authors must disclose any financial and personal relationships with other people or organisations that could inappropriately influence (bias) their work. Examples of potential conflicts of interest include employment, consultancies, stock ownership, honoraria, paid expert testimony, patent applications/registrations, and grants or other funding.

3.7 Acknowledgements

The role of a medical writer must be included in the acknowledgements section, including their source(s) of funding. Authors should obtain permission to acknowledge from all those mentioned in the Acknowledgements. Please list the source(s) of funding for the study, for each author, and for the manuscript preparation in the acknowledgements section.

3.8 References

Number the references consecutively in the order in which they are first mentioned in the text. The form of references should conform to the Index Medicus. You can insert the references through the plug-in, which can be download by <https://www.tmrjournals.com/tmr/EN/column/column38.shtml>. List all authors when there are three or fewer; when there are four or more, list the first three, followed by “et al.” The following are sample references: English language journal article 1. Sawin CT, Geller A, Wolf PA, et al. Low serum thyrotropin concentrations as a risk factor for atrial fibrillation in older persons. *N Engl J Med* 1994; 331(4):1249-1252.

3.9 Tables

Each table should be numbered in sequence using Arabic numerals (i.e. Table 1, 2, 3 etc.). Tables should also have a title that summarizes the whole table, maximum 15 words. Detailed legends may then follow, but should be concise. Smaller tables considered to be integral to the manuscript. Columns and rows of data should be made visibly distinct by

ensuring the borders of each cell display as black lines. Double-space tables (including any footnotes) and provide a title for each.

3.10 Figures and Illustrations

Medical and scientific illustrations will be created or redrawn in-house. If an outside illustrator has created a figure, the Journal reserves the right to modify to meet our specifications for publication. Please describe and clearly indicate all modifications, selective digital adjustments, or electronic enhancements in all digital images. Photographs should be provided as high-resolution component files. For photographs of patients' body parts, written and signed consent of the patient should also be sent or faxed to the editors.

3.11 Units of Measurement

Measurement of length, height, weight and volume should be reported in metric units (meter, kilogram, or liter) or their decimal multiples. All hematologic and clinical-chemical measurements should be reported in the metric system in terms of the International System of Units (SI).

3.12 Abbreviations and Terminology

Use only standard abbreviations. All abbreviations and acronyms are to be spelled out in full on their first appearance in the text. Avoid abbreviations in the title and key words. Herbs are to be presented by their common, pharmaceutical and pinyin or Latin names. Acupuncture terms are to be conformed to the World Health Organization nomenclature.

4. Ethics

4.1 Ethics of Experimentation

Research published in Traditional Medicine Research must have been conducted to the highest ethical standards. The research must meet all applicable standards for the ethics of experimentation and research integrity.

4.1.1 Research Involving Humans

Research involving humans, including studies that are observational, survey-based, or include any personal data, must have been performed in accordance with the declaration of Helsinki and must have been approved by an appropriate ethics committee. If a study has been granted an exemption from requiring ethics approval, this should also be detailed in the manuscript. Manuscripts may be rejected if the editor considers that the research has not been carried out within an appropriate ethical framework.

4.1.2 Research Involving Animals

Research involving animals (live or tissue), including observational studies, must state in the methods section that the research was conducted in accordance with the internationally accepted principles for laboratory animal use and care as found in for example the European Community guidelines (EEC Directive of 1986; 86/609/EEC) or the US guidelines (NIH publication #85-23, revised in 1985), and was approved by the

institutional human experimentation committee or equivalent, and that informed consent was obtained. The editors will reject papers if there is any doubt about the suitability of the animal procedures used.

4.1.3 Use of Patient Images or Case Details

Studies on patients or volunteers require ethics committee approval and informed consent, which should be documented in the paper.

4.2 Ethics in Publishing

4.2.1 Originality and Plagiarism

The authors should ensure that they have written entirely original works, and if the authors have used the work and/or words of others, that this has been appropriately cited or quoted.

4.2.2 Data Access and Retention

Authors may be asked to provide the raw data in connection with a paper for editorial review, and should be prepared to provide public access to such data.

4.2.3 Concurrent Publication

An author should not in general publish manuscripts describing essentially the same research in more than one journal or primary publication.

5. Conflicts of Interest

At the end of the text, under a subheading 'Conflict of interest statement' all authors must disclose any financial and personal relationships with other people or organisations that could inappropriately influence (bias) their work. Examples of potential conflicts of interest include employment, consultancies, stock ownership, honoraria, paid expert testimony, patent applications/registrations, and grants or other funding.

6. Manuscript Language Editing

For non-native English-speaking authors, we strongly recommend that authors seek out and use the services of a professional editing service provider, either a professional English language editing company or a qualified colleague. Based on their good reputation and reliable quality, the following biomedical editing companies were recommended: American Journal Experts: <http://www.aje.com> Nature Publishing Group Language Editing: <http://languageediting.nature.com>.